

FEBRUARY
2008

Eastman® Summer Youth Programs

Happy 4th of July! There will be no programs on Friday, July 4.

All Day Gang

Angela Kingston, a returning camp staff member, will be leading the All Day Gang staff and children into another fun-filled summer. While some of the activities will be similar to last year, she has made some changes to make this season even better.

The All Day Gang campers will be divided into two groups. These groups will be determined by the campers age and school grade. The campers' friends will also play a role in which group they will be in.

Ages: **6-11/Grades 1-6**
Hours: **8:30 AM - 3:30 PM**
Days: **M- F**

Themes & Field Trips

Week 1 (June 23-27) **Jump into Summer**

Field Trip: Cardigan Mountain, Canaan, NH

Week 2 (June 30-July 3) **Star Spangled Fun**

Field Trip: All-Camp Activity at Eastman

Week 3 (July 7-11) **Outer Space Discovery**

Field Trip: Montshire Museum, Norwich, VT

Week 4 (July 14-18) **The World of Water**

Field Trip: Odiome Point State Park, Rye, NH

Week 5 (July 21-25) **Hollywood, Here We Come!**

Field Trip: TBA

Week 6 (July 28 -Aug. 1) **The E Games**

Field Trip: Eastman Island

Week 7 (August 4-8) **Time Travel**

Field Trip: Canobie Lake Park, Salem, NH



Week 8 (August 11-15) **Wet & Wild**

Field Trip: Water Country, Portsmouth, NH

August 13: End of the year BBQ will be held at South Cove. Parents are encouraged to come!

Kid City	2
Adventure Program	2
Registration Information	3
Registration Procedure	3
Refunds	3
Rates	4
Participation Guidelines	4
Camp Philosophy	4

Example Schedule for Group One (The schedule for the second group will look very similar.)

Monday	Tuesday	Wednesday	Thursday	Friday	
8:30-9 AM Morning Meeting					
9-9:45 AM All camp activity & intro of theme	9-9:45 AM Plan Field Games	9-9:45 Prepare for trip to West Cove	9-10:30 AM Tennis	 Field Trip/All Camp Activity* 	
Snack	10-11:30 AM Field Games	Snack			
9:45-10:30 AM Golf		10:30-2 PM Hike to West Cove *Swim	10:30-11:30 AM Field Games		
10:45-11:30 AM Field Games	11:30 AM - Noon Lunch				
12-12:45 PM Planning hike/paddle to West Cove	12:30-1:30 PM Kayak Lesson	*Games *Sand toys	12-2 PM Special Weekly Activity i.e. shaving cream war, capture the flag		
12:45- 2 PM Swim Test	1:30-2 PM Free Swim	*Hike back to South Cove			
2-2:30 PM Afternoon Snack					
2:30-3:15 PM Themed Based Activity					
3:15-3:30 PM Clean Up & Pick Up					

* Some trips may last until 4:30, you will be notified ahead of time if this occurs

Kid City

Ages: **4 & 5**
 Hours: **8:30 AM - Noon**
 Days: **M-F**

Tentative Schedule

8:30-8:45	Free Play
8:45-9	Greeting, Meeting & Reading
9-10:15	Arts & Crafts (M,W & F) Theme-Based Activity (T & Th)
10:15-10:30	Snack
10:30-11:45	Beach Time (M, W & F) Tennis/Move & Groove (T & Th)
11:45-Noon	Clean Up & Pick Up

Themes

- Week 1** (June 23-27) - **Jump into Summer**
- Week 2** (June 30-July 3) - **Star Spangled Fun**
- Week 3** (July 7-11) - **Outer Space Discovery**
- Week 4** (July 14-18) - **Nature Exploration**
- Week 5** (July 21-25)-**Hollywood, here we come!**
- Week 6** (July 28-Aug. 1) - **Circus**
- Week 7** (August 4-8) - **Let's Go to the Zoo**
- Week 8** (August 11-15) - **Wet & Wild**

Through the strengths that define, Eastman we create personal growth experiences for our youth.

Adventure Program

Ages: **12-14 or Grades 7-9**
 Hours: **8:30 AM - 4:30 PM**
 Days: **T, W, Th**

The Adventure Program is geared toward young adults, ages 12-14, who are ready to explore, learn and lead. The program goals, using adventure activities, are to teach problem solving skills and leadership, and to encourage the participants to discover and value the community and state in which they live. The program will take place on Tuesday, Wednesday and Thursday of each week (except Week 1). Participants are

expected to attend all three days of camp, as each day will progress in skill instruction and build on the day before. All participants and their parents/guardians will be asked to sign a contract agreeing to the goals of the program. It is essential to the success of this program that the participants are fully committed to the activities.

Week 1 (July 3, 4, 5) - No Fee! Why? It is **Eastman Spirit Week** and participants will be helping Recreation Staff with all the fun and exciting events planned for the 4th of July.

Week 2 (July 8, 9, 10) - **Kayaking**

Week 3 (July 15, 16, 17) - **Art Camp**

Week 4 (July 22, 23, 24) - **Lakes & Streams**

Week 5 (July 29, 30, 31) - **Rock Climbing**

Week 6 (August 5, 6, 7) - **Hiking**

Week 7 (August 12, 13, 14) - **Camping Skills/ Overnight**

2008 Registration Information

Recreation has spent a great deal of time and effort to make the Summer Youth Programs registration process as efficient and equitable as possible. In-person and telephone registrations have been eliminated in order to streamline the process and relieve the discomfort and inconvenience of waiting in line to register.

Registration packets and pricing will be available on Monday, February 4.

Packets can be picked up at the Recreation Office, downloaded off the website (www.eastmannh.org) or mailed to you upon request. They will also be included in the February

edition of Happenings, which is mailed to all owners in the January Board Briefs packet.

Registration for all programs will begin at 6 a.m. Monday, March 3.

No registrations will be accepted before this date and time. Completed registration forms can be faxed to Recreation or filled out online at:

Fax: (603) 863-4714

Website:

www.eastmannh.org/members/

To allow the staff adequate processing time, no registrations will be accepted in person, via phone, email or mail.

One family can register per each online form or fax.

Registrations will be processed in the order they are received, according to the times recorded by the Recreation office's machines and the website.

Please call prior to Monday, March 3 with any questions regarding registration.

Confirmation of camp weeks assigned will be mailed no later than Monday, March 31.

Registration Procedure

A deposit of 50% of the total fee must be received within 10 business days of the date that confirmation of camp weeks assigned has been received. If payment is not received within this period, another participant may be given the reserved space. The remainder of the fee is due by Friday, June 6. Participants will not be permitted to attend camp until full payment is received. Payment must be made with a check or cash. Checks should be made payable and mailed to: Eastman Recreation, PO Box 53, Grantham, NH 03753.

ECA members will be given priority until Friday,

April 4. Non-ECA registrations will be taken from Monday, April 7 through Friday, April 25. Reservations will be taken from the public starting April 30, as space permits.

ECA members include all property and condominium owners, and long-term tenants as well as their spouses and dependant children up to age 22. All ECA members are included on a list of Eastman property owners and long-term renters. Grandchildren of ECA members are eligible for ECA rates in the Summer Youth Programs.

Non-ECA includes all short-term or vacation renters.

Registration packets and pricing will be available on Monday, February 4.

Refunds

Preparation and planning is an important component of any successful camp program. The ordering of materials, hiring of staff and booking of field trips are done well in advance to the start of camp. Funds are spent in

anticipation of the attendance of all who register for Eastman's Summer Youth Programs.

Prior to May 27, refunds will only be given if Recreation is able to fill projected opening(s). A \$25 fee will be charged to you for administrative costs associated with rebooking.

No refunds will be given to participants who cancel after Tuesday, May 27, 2008. All refund requests must be made in writing and should only be requested for personal emergencies. Refunds will not be given for no-shows, conflicts of schedule, weather, behavior issues or the failure to follow camp policies.



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Camp Philosophy

Eastman Recreation believes in and practices a philosophy of participation called Challenge by Choice. This philosophy is used in many programs, including National Outdoor Leadership School (NOLS), Project Adventure, and Outward Bound. Challenge by Choice asks campers and staff to participate fully and productively in all activities. Participants will not be forced or unduly pressured to attempt activities beyond their comfort level.

All campers and staff will be asked to:

- Listen to all activity and safety directions
- Voice concerns about the activity
- Decide level of participation
- Let the group know how they will participate

Safety and goal setting are an essential part of camp. The Full Value Contract is an agreement between all participants to work together and to be safe. An important part of the Full Value Contract is for participants to agree not to devalue or discount themselves, other members of the group, staff, or the environment. All members of the group need to be given *Full Value*.

Participation Guidelines

In order to ensure a quality experience for your child and to run the Summer Youth Programs in a cost effective manner the following attendance goals have been set:

	Min.	Max.
Kid City (Ages 4 & 5)	10	15
All Day Gang (Ages 6-11)	30	40
Adventure Program (Ages 12-14)	5	12

Initial decisions concerning under-subscribed program weeks will be made starting Monday, May 19. Families who have registered for these weeks will be contacted by phone if a cancellation is deemed necessary. A full refund for that week will be given if ECA cancels the program.

Program Rates

Kid City	ECA	ECA Add'l	Non-ECA
Week	\$105	\$70	\$145

All Day Gang	ECA	ECA Add'l	Non-ECA
Week	\$145	\$120	\$175

Adventure Program	ECA	ECA Add'l	Non-ECA
Week	\$165	\$130	\$190

*There will be \$15 deducted from the Kid City fee and \$25 deducted from the All Day Gang fee for the 4th of July week.